

SELF ASSESSMENT TOOL FOR WOMEN

Are You Empowered To Navigate the Challenges And Grow Into the New Normal World?



Empowering Oneself

is the first step for women to sustain and thrive in the new normal

The Covid-19 health, economic and social crisis has completely changed the world. The external world is seldom in our control. We at TalentNomics India want women to take charge of their life. Women need to empower themselves to brace both the challenges and the opportunities that this crisis has brought.

As we navigate the present and plan for the future, it is imperative for all women to enhance their leadership and endurance skills.

An assessment on our empowerment journey may be a good first step to plan and create a roadmap. So, we invite you to take this simple 5 minutes self-assessment quiz. We promise it will motivate and power you to plan your empowering journey going forward.

Self- Assessment Quiz

(Please check the boxes and calculate your score)

Action	In Place (5 points)	To initiate (2 points)	Not Considered (1 point)
Believe in yourself and feel empowered in your own ability to bring change	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Take ownership for your personal growth, invest in yourself and continue learning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Develop your skills to negotiate for yourself at home and at work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Identify key stakeholders in your career and personal life; and consciously interface with them as needed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Speak up and share your ideas in meetings/forums	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Give up striving to be perfect at everything	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Develop the habit to ask for what you feel you deserve and what is needed for your success	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prioritize, delegate and learn to let go both at home and at work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Create a network for support at home and at work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Join platforms for women that can help you believe in your potential and create a growth mind-set	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Learn to not burden yourself with guilt over finding the perfect work-life balance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Create your own “Brand” in line with your aspirations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Do not fear failures. Use them as lessons and move ahead with confidence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Help amplify other women's voices when you notice them being overlooked	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Support other women to move forward to bring in a collective community change	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Score in each column</i>			
Your total score			

**Add up your scores from of the questions and find out
Empowered you are:**

69-75 - Congratulations! You are a highly empowered woman and we are happy to note that you have taken full charge of creating a empowering path for yourself. Please get in touch with us so that we can know more about you and showcase you as a role model for others to follow (write to talentnomicsindia@gmail.com)

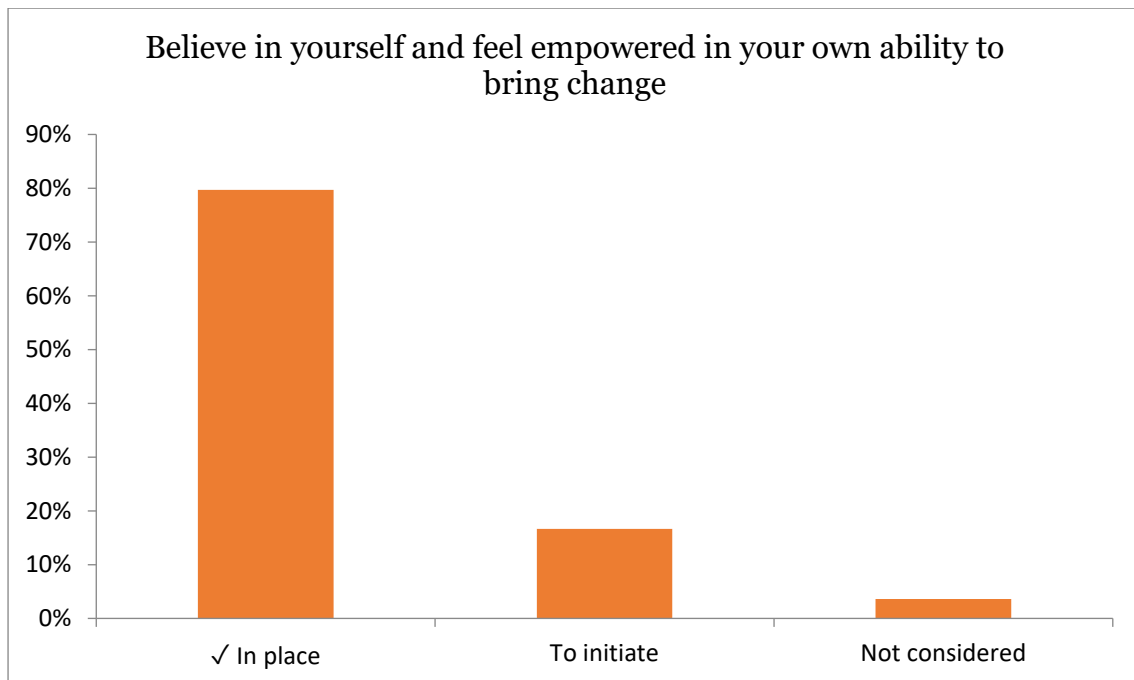
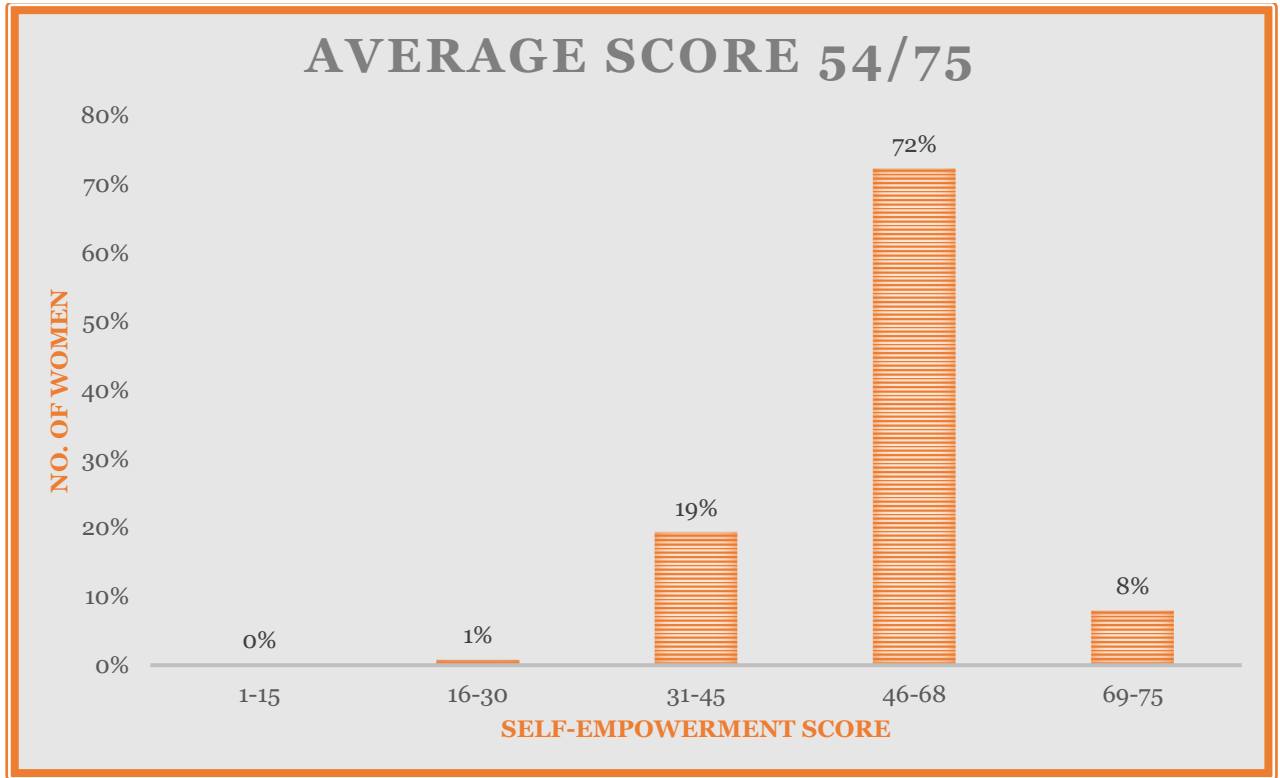
46-68 - This is a great score! Looks like you have made a visible commitment towards empowering yourself and are well on the way to creating a life that you desire. Please do get in touch with us so that we can learn from your journey and also support you to achieve your full potential (write to talentnomicsindia@gmail.com)

31-45 - Well done! You are among the few women who are aware of the importance to empower yourself and have initiated actions. It is great that you have made a commitment to empowering yourself and we hope you will continue to do so. Do get in touch with us to let us know more about you and discuss how to grow yourself further (write to talentnomicsindia@gmail.com)

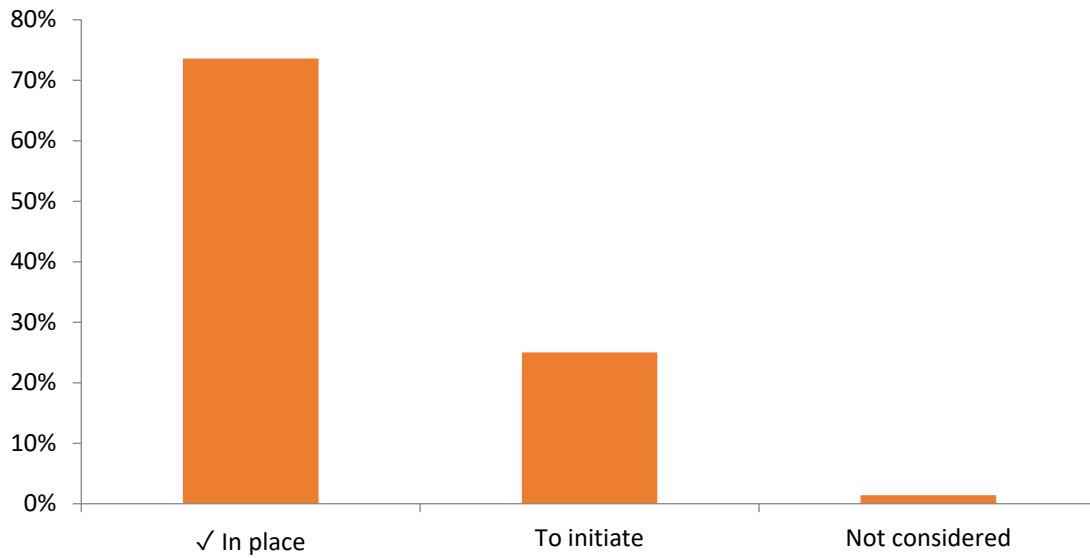
16-30 - It is evident that you intend to take steps needed to empower yourself and take charge of your life. Congratulations for that! It would be great if you could now take actions to do what you think is necessary. Do get in touch if you would like to understand how to get started (write to talentnomicsindia@gmail.com)

1-15 - it appears that you have not yet acknowledged your own potential and your ability to empower yourself and build a life you dream of. We hope that you will do some introspection and initiate actions towards advancing your life. Do get in touch if you would like to get started (write to talentnomicsindia@gmail.com)

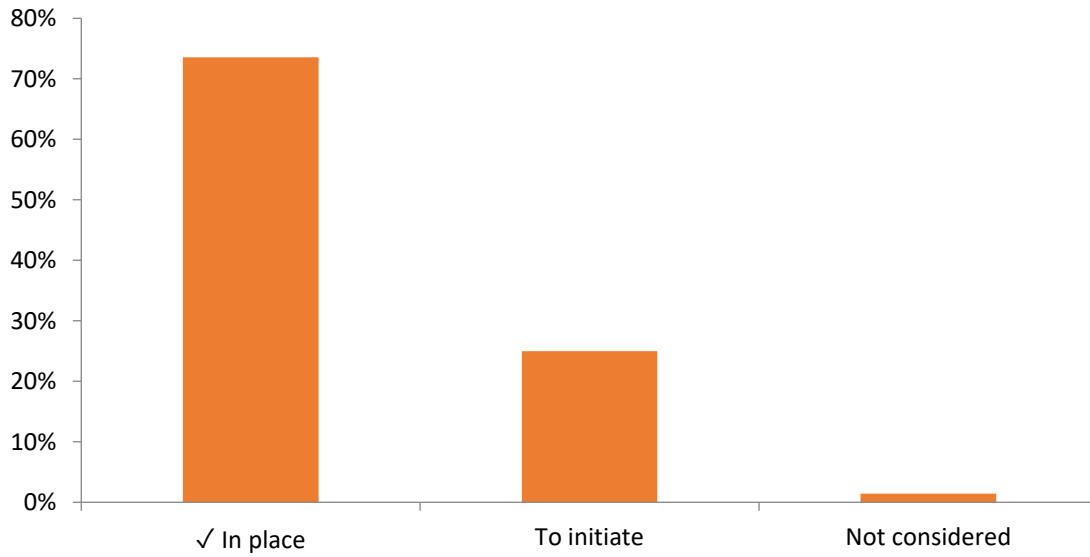
An Overview of Scores of 150 Women



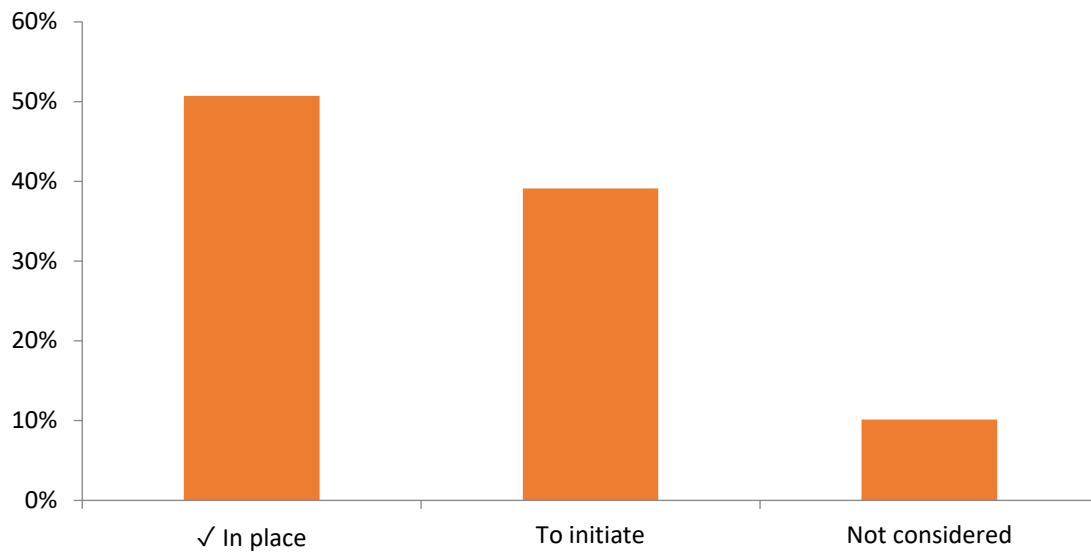
Take ownership for your personal growth, invest in yourself and continue learning



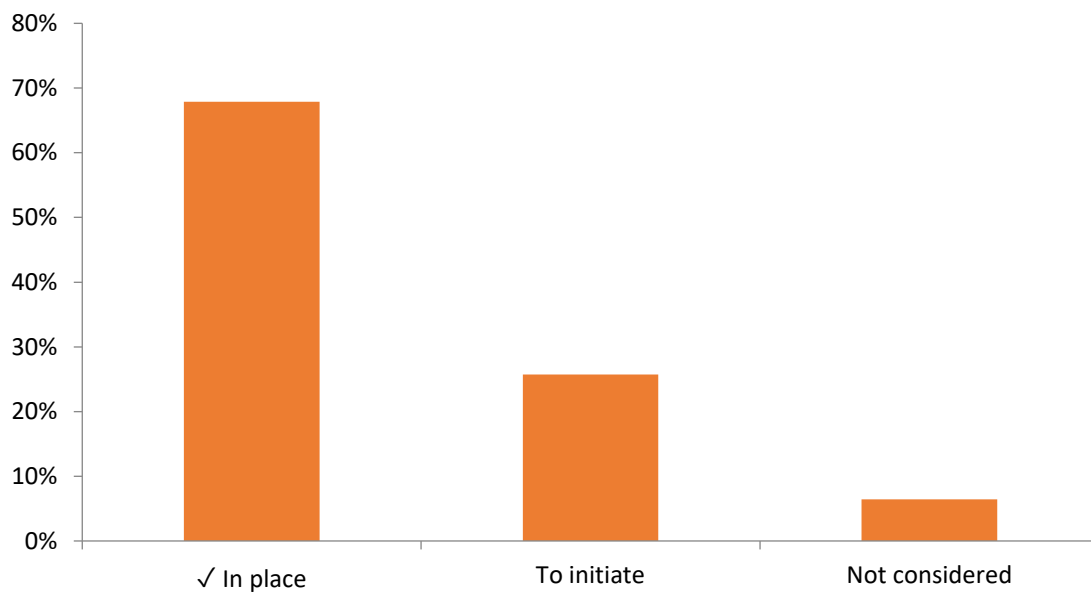
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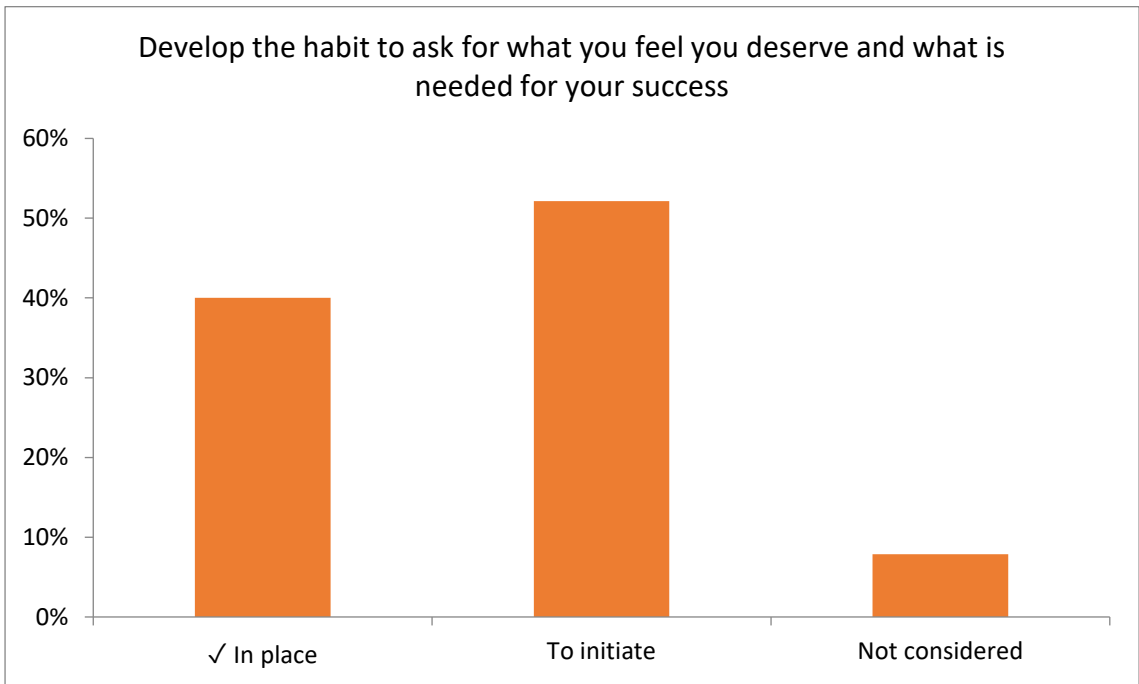
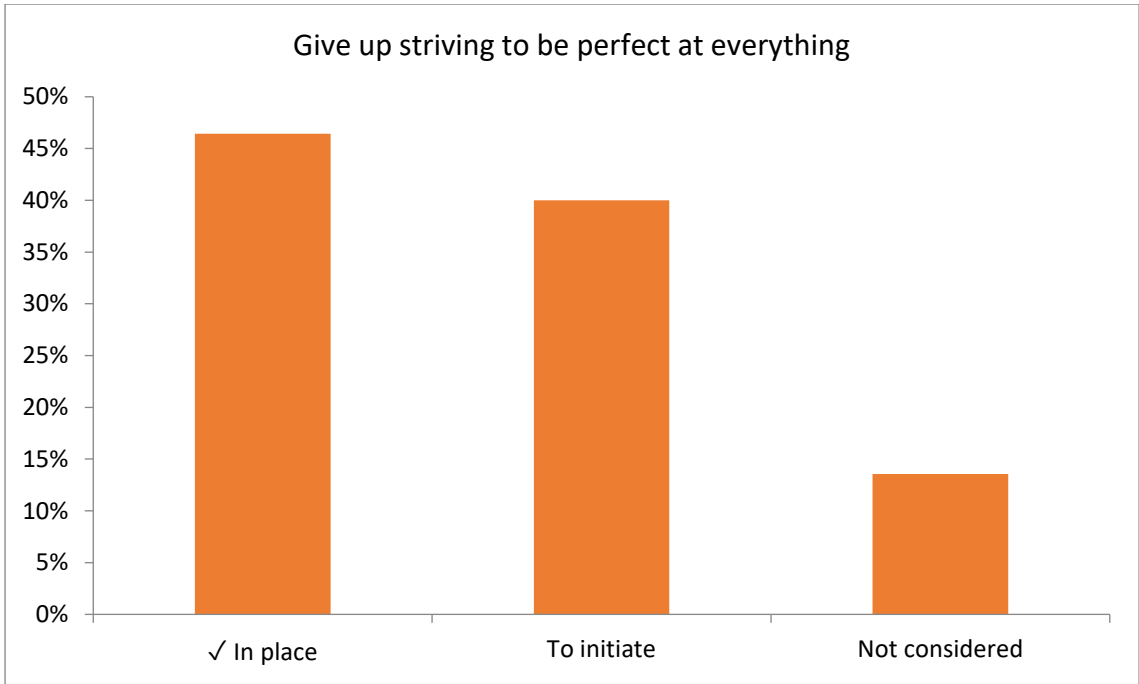


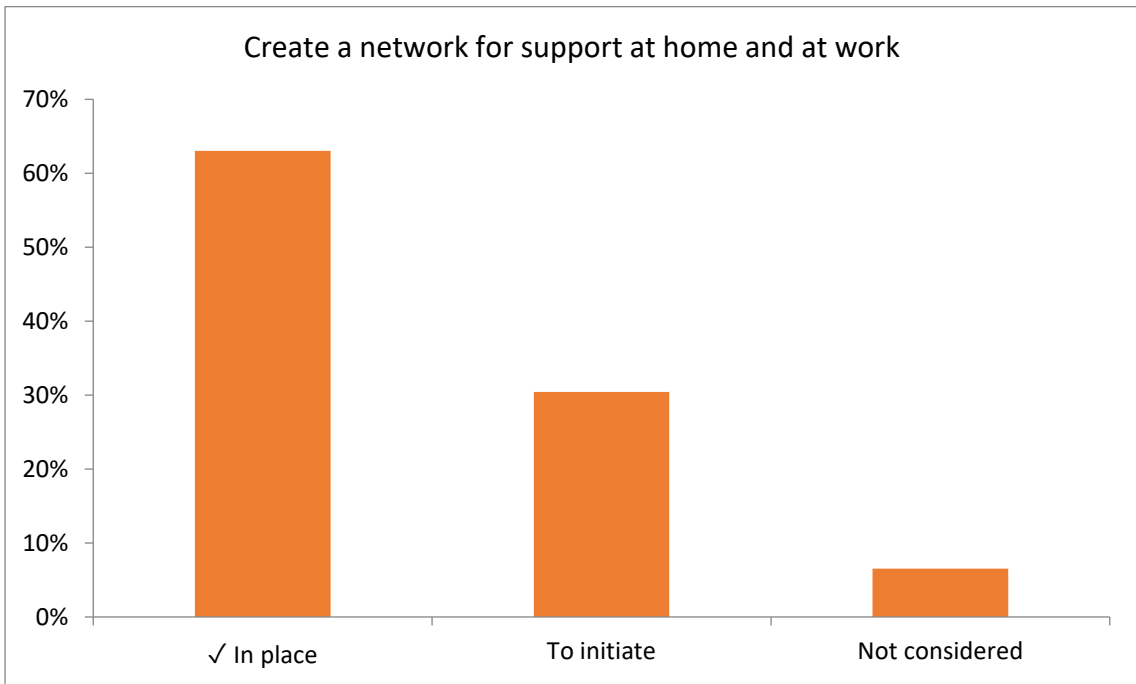
Identify key stakeholders in your career and personal life; and consciously interface with them as needed



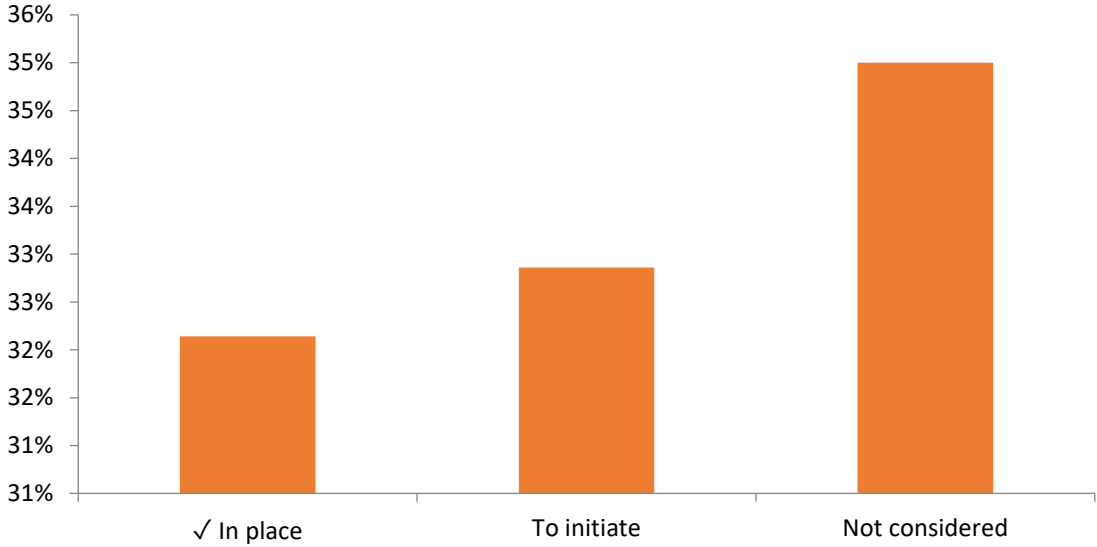
Speak up and share your ideas in meetings/forums



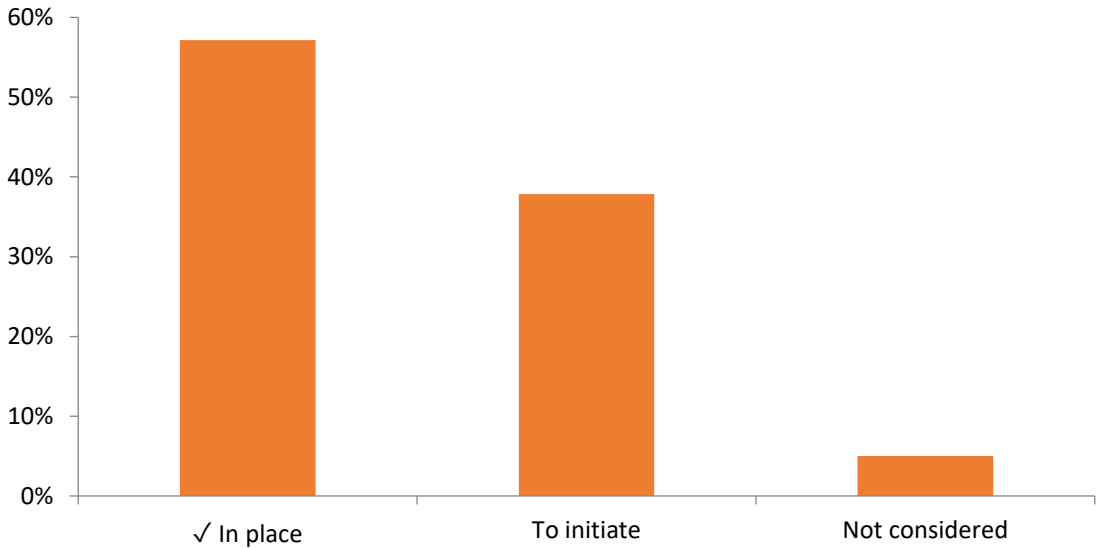




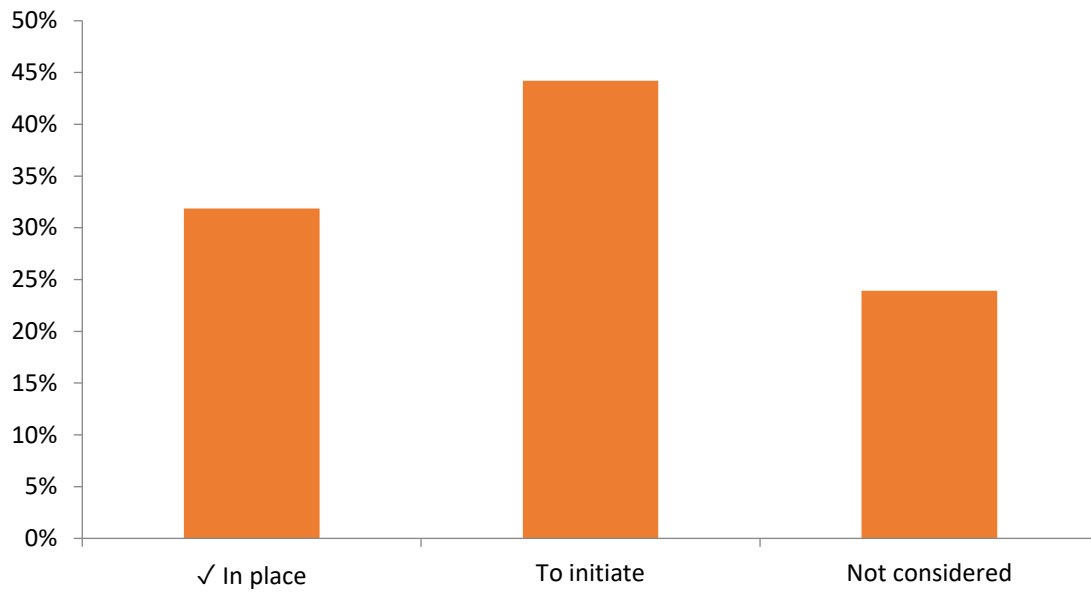
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Create your own "Brand" in line with your aspirations



Do not fear failures. Use them to learn lessons and move on

